



VASCULAR ULTRASOUND Information and Instructions:

- Aorto-iliac / AAA
- Renal Arterial

Please check in at Oregon Heart Center, 610 Hawthorne Ave. SE.

Date: _____ Check-In Time: _____.

Food and water increases the production of bowel gas, which makes it much harder to see the vessels well greatly reducing the accuracy and quality of the scan. Increased bowel gas can cause the technician to push harder with the probe in order to displace bowel gas. Your body naturally produces bowel gas as well, and as the day progresses, so does your bowel gas production.

Therefore, these tests are best performed early in the morning when bowel gas is at their lowest. This helps make the study easier for you as well as better quality images for the physician.

Testing Instructions:

✓ **NO FOOD OR DRINK (INCLUDING WATER) FOR 12 HOURS BEFORE YOUR STUDY.**

- ✓ Please be advised, you may be asked to remove your undergarment from your upper body that interfere with the imaging portion of the test. A gown will be provided if needed.
- ✓ **AM APPTS:** If you are diabetic, hold insulin and/or oral diabetic medication the morning of your test and bring glucometer and insulin/diabetic medication to the appointment to take immediately following the study. Please eat dinner the night before, but nothing after that.
- ✓ **PM APPTS:** If you are diabetic and have an appointment after 12 pm, take only the insulin and/or oral diabetic medication needed to get you by. Bring glucometer and insulin/diabetic medication to the appointment. Small sips of water, only as needed.

Important Notice: Failure to cancel the appointment within 24 hours from the scheduled appointment time, the patient will be responsible to pay \$140.00.

CANCELATIONS must be done via phone. We DO NOT accept cancelations through MyChart.

If you have any questions, please call Oregon Heart Center at 503-814-4440.