



Cardiac PET Stress Test:

Please check in at Oregon Heart Center, 610 Hawthorne Ave. SE.

Date: _____ Time: _____

- ✓ **NON-CAFFEINATED CLEAR LIQUIDS ALLOWED the morning of your appointment.**
- ✓ **NO SOLID FOOD 4 HOURS PRIOR TO APPOINTMENT TIME.**
- ✓ **NO COFFEE, DECAF COFFEE, TEA, DECAF TEA, HERBAL TEA, SODA, CAFFEINATED BEVERAGES, OR CHOCOLATE FOR 12 HOURS PRIOR TO YOUR APPOINTMENT TIME.** Do not take **Excedrin, Anacin, caffeine tablets, or other caffeine-containing medications** for 12 hours prior to your appointment time.
- ✓ An IV will be placed when you arrive for the exam. Please stay well-hydrated in the 48-hours prior to your appointment as this will aid in IV placement.
- ✓ Stop all nitrates, including nitrate patches, 24 hours prior to your test. (See attached list for more information).
- ✓ Please allow 1 hour to accomplish the scan.
- ✓ If you are claustrophobic, please bring with you any prescribed, oral medication that you routinely use to combat anxiety.
- ✓ Please wear comfortable, loose fitting clothing: shorts or pants and a t- shirt. No metal button, zippers, or jewelry from the waist up. Do not use body lotions, oils, or powder on the chest or arms that day.
- ✓ Please be advised, you may be asked to remove your undergarment from your upper body that interfere with the imaging portion of the test. A gown will be provided if needed.
- ✓ **If you are taking any medication that contain Aminophylline, Theophylline, Persantine (dipyridamole) or Aggrenox, please stop this medication for 24 hours prior to your appointment time.**
- ✓ If you are diabetic and have a morning appointment, hold insulin and/or oral diabetic medication the morning of your test and bring glucometer and insulin/diabetic medication to the appointment.
- ✓ If you are diabetic and have an appointment after 12 pm, eat a light breakfast before 8 am (no caffeinated beverages). Take insulin and/or oral diabetic medication with meal. Bring glucometer and insulin/diabetic medication to the appointment.
- ✓ If you use inhalers, please bring them with you.
- ✓ Please bring a current list of your medications including dosages.

**DO NOT TAKE ANY OF THE FOLLOWING MEDICATIONS FOR
24 HRS PRIOR TO YOUR STRESS TEST**

VASODILATORS:

aminophylline theophylline persantine dipyridamole aggrenox ranexa

NITRATES:

nitroglycerin (glyceryl trinitrate or GTN) isosorbide dinitrate isosorbide mononitrate
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IMPORTANT NOTICE:

Failure to cancel the appointment within 48 hours from the scheduled appointment time, the patient will be responsible to pay for the specific patient ordered nuclear isotope and the pharmacological stressing medication.

<u>Fees:</u>	<i>Pharmacological Stressing Agent:</i>	<i>\$ 324.00</i>
	<i>Nuclear Isotope:</i>	<i><u>\$ 476.00</u></i>
		<i>\$ 800.00</i>

I have read the following disclaimer and acknowledge that I (the Patient) will be responsible to pay a total of \$800.00, if I fail to call in 48 hours from the scheduled appointment time, or do not show up for the appointment.

If you have any questions, please call Oregon Heart Center at 503-814-4440.